



Online 90 Minute Training Sessions for Leaders and Staff

For each session, participants receive pre-work, a Workbook to use throughout the session and Post Session reflective questions to discuss with their team and manager

Series 1: The Leading with Impact Series

Session 1: Keep Your Cool: Never Miss a Beat as an Exemplary Leader in a Crisis

Session 2: Super-Stressed! Reducing stress and building real resilience in your Team (coming out of a Crisis)

Session 3: Virtual Reality! How to build and manage successful Virtual teams

Session 4: From Crisis to Uncertainty – Moving my People into a new world

Session 5: 10 Essential Skills world class Leaders have – do you?

Series 2: Top Teams – Creating and Maintaining High Performance

Session 1: Top Team: Key Skills to create highly performing teams moving forward

Session 2: The Power of Positive Discipline in the Workforce

Session 3: Creating an Emotionally Intelligent Team at Work – what it takes to create one

Session 4: Delegating down and Managing Up

Session 5: Creating a Workplace culture of Achievement and Support – at last

Series 3: Communicating with Confidence

Session 1: Does anybody ever listen to me or each other? (Active Listening)

Session 2: You, the Emotionally Intelligent Team Member/Leader

Session 3: Why can't we just get along? Getting People to understand personalities and work better with each other

Session 4: Why don't People understand me? Stand your ground! Say what you mean and mean what you say (Assertiveness)

Session 5: Dealing with rude and difficult People in the best way – once and for all!

Series 4: Building Dynamic Organisations

Session 1: Real Employee Engagement: Inspiring your troops to increase productivity

Session 2: Mediocrity or High Performance in your Organisation?

Which is it? How to move towards high performance

Session 3: Organisational Alignment, Vision and Values

Understanding we are ALL part of the bigger picture

Session 4: Stopping the Gossip and conflict and getting the good-times back!

Session 5: How do we change the Culture around here?

Moving towards a sense of Achievement (of goals) and Support (of each other) culture